

# 4 Beauty Treatments You Should Do During Winter Aka Right Now


You'll be thanking yourself for doing this by summer.

ELLE BY CHARLOTTE BITMEAD 09/01/2019


Although Christmas has gone and taken our boxes of Quality Street with it, it also means we now have summer to look forward to...ish.

It might seem years away right now, but there's no harm in getting your [skin](#) prep in early. If you need us, we'll be making the most of the gloomy winter months and their dark evenings by getting our skin seriously smooth and totally glowy just in time for that summer trip to Bali.

## 4. NYDG LIMELIGHT ILLUMINO REJUVENATION FACIAL AT HARRODS WELLNESS CLINIC



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Laser toning improves the short and long-term appearance of skin by rejuvenating, plumping, smoothing and clarifying the face, neck and décolletage.

Regular laser toning boosts collagen production and diminishes surface flaws so your skin's texture, color and tone are refined over time.

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### The treatment:

Designed to get rid of brown spots and pigmentation as a result of too much sun, the NYDG Limelight Illumino Rejuvenation Facial helps your skin produce new collagen fibres, thus evening out your skin tone in the process. Each treatment is customisable and can be used on pretty much every area of the body, however, don't book if you're pregnant or have a fresh tan (we wish...).

### Why try in winter?

If you're one of those lucky people that naturally tan whilst still wearing SPF50 24/7, then you're best off waiting until it's faded back to your paler winter hue. The winter time slot means you can help mend the damage you've caused by accidentally falling asleep outside without any sunscreen on all summer...

**NYDG Limelight Illumino Rejuvenation Facial, start from £500 for one session at Harrods Wellness Clinic.**

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